

# Exercise Your Mind

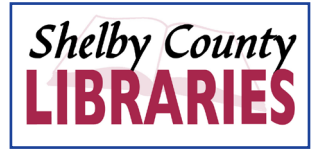
## 5K Run/Walk • Sidney, Ohio

Sat. April 22, 2017 • 8:30 a.m. • Tawawa Park



To Register Online: [cantstoprunningco.com](http://cantstoprunningco.com)

For more information contact Lori  
[loritimmerman@scmail.org](mailto:loritimmerman@scmail.org)  
(937) 492-8354



To support Shelby County Libraries efforts to  
“Honor each person’s quest for knowledge, information and enjoyment.”

**Race Location:** Starts at Main Entrance of Tawawa Park, Sidney, Ohio

**Race Day Registration:** 7:00-8:15 a.m. Packet Pickup: Geib Pavilion at Park

**Pre-registration & Entry Fee:** Pre-Registration post marked by April 1, 2017  
Send forms to: Amos Memorial Public Library, 230 E. North St. Sidney, Ohio 45365

\$20 Pre-registered—includes T-shirt \$15 Pre-registered-without shirt  
\$15 Day of race—without shirt

**Awards:** Top three in each age group recognized

**Race Timing:** Can’t Stop Timing Chip Timing. Chips are not disposable. Runners not returning their chip will be billed \$10.

**Door Prizes:** Must be present to win.

**Age Groups:**

10 & Under	15-19	25-29	35-39	45-49	55-59
11-14	20-24	30-34	40-44	50-54	60 & over

All proceeds will benefit the Shelby County Libraries Building Fund.

Detach and mail with check payable to Amos Memorial Public Library - 230 E. North St., Sidney, Ohio 45365

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: M F

Please circle shirt option: Adult: S M L XL XXL XXXL Youth: S M L No Shirt

I hereby release Shelby County Libraries and all municipal agencies whose property and/or personnel are used and other sponsoring or co-sponsoring companies, or individuals from responsibility or any injuries or damages I may suffer as a result of my participation in the 2017 Exercise Your Mind Run/Walk and or related events. I hereby certify that I am in good condition and able to safely compete in this event. I additionally permit the use of my name and image in broadcasts, telecasts, newspapers, brochures, etc. I also understand the entry fee is nonrefundable.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

All participants must sign waiver, Parent’s signature required if participant is less than 18 years of age.

Libraries Build Strong Communities